

Introduction to the course & your learning goals

CLASS 1 • Cohousing Institute Online Course
Jumpstart Your Cohousing Community

STUDIO
co+hab

AGENDA

01

INTRODUCTIONS AND COURSE OVERVIEW

Getting to know each other

02

WHY COHOUSING

Cohousing births histories

03

HOMEWORK INVITATIONS

Going further

01

INTRODUCTIONS & COURSE OVERVIEW

Getting to know each other

Erik Bonnett

My quick cohousing autobiography

Mathilde Berthe

My quick cohousing autobiography

ACTIVITY

Fist to Five



I've started and lived in cohousing



I've lived in cohousing



I know & understand cohousing well



I'm pretty sure I know what cohousing is.



I'm not sure what cohousing is.



I don't know anything about cohousing.

Rate your cohousing experience from fist to five.

COURSE GOALS

1. Learn about cohousing in general
 2. Figure out if it is right for you or your community. Start one or join one?
 3. Answer more specific questions (about pitfalls, legal considerations, zoning, conflict resolution, cohousing longevity)
- IS THERE MORE?



ACTIVITY

Circle introduction (one sentence each)

- Why you're here
- Are you part of a forming group?
- Do you have property already?
- What do you want out of the course
- Burning questions
- DM your email address to us

WHAT THE COURSE IS AND IS NOT

WHAT THE COURSE IS AND IS NOT

1. Syllabus

6-WEEK INTRO TO COHOUSING COURSE: LAUNCHING YOUR COMMUNITY



Class 1 Introduction to the course and your learning goals (1hr)

Class 2: What is cohousing really? Patterns & practices of successful cohousing communities (2hr)

Class 3: Design matters: Interdependent social and physical environments (2hr)

Class 4: How to get a group started, find a site, and found a project (2hr)

Class 5: Group process: Working together successfully (2hr)

Class 6: Answering your remaining questions and where to go from here (1hr)

WHAT THE COURSE IS AND IS NOT

1. Syllabus
2. Positive learning environment

6-WEEK INTRO TO COHOUSING COURSE: LAUNCHING YOUR COMMUNITY

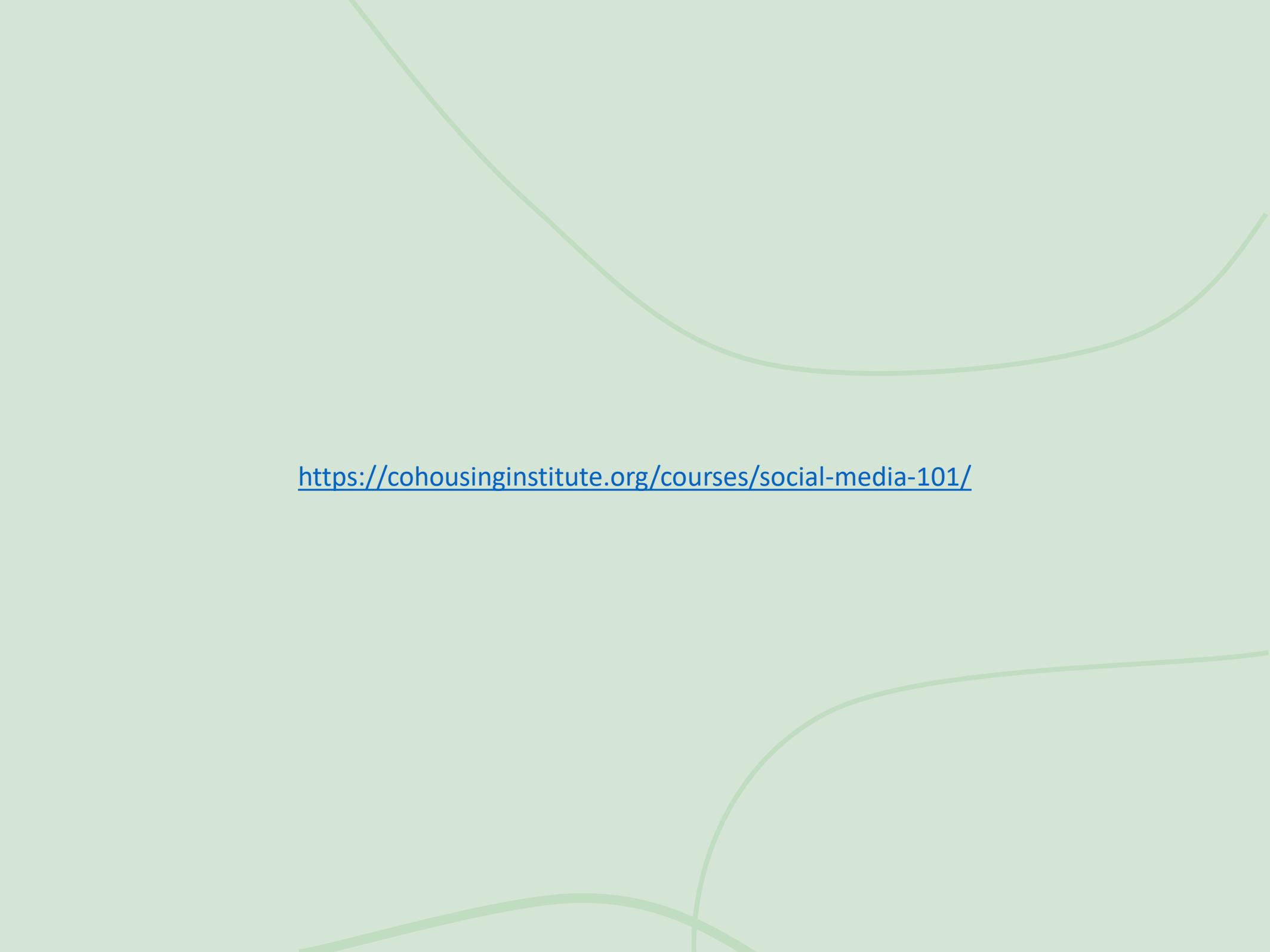


WHAT THE COURSE IS AND IS NOT

1. Syllabus
2. Positive learning environment
3. Structure

6-WEEK INTRO TO COHOUSING COURSE: LAUNCHING YOUR COMMUNITY



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<https://cohousinginstitute.org/courses/social-media-101/>

WHAT THE COURSE IS AND IS NOT

1. Syllabus
2. Positive learning environment
3. Structure
4. What it isn't

6-WEEK INTRO TO COHOUSING COURSE: LAUNCHING YOUR COMMUNITY



WHAT THE COURSE IS AND IS NOT

1. Syllabus
2. Positive learning environment
3. Structure
4. What it isn't
5. Don't start one, join one

6-WEEK INTRO TO COHOUSING COURSE: LAUNCHING YOUR COMMUNITY



03

HOMEWORK INVITATIONS

Going further

Homework

PRIMARY INVITATION

- Day in the life

GOING DEEPER

- Readings from *Creating Cohousing*, *Pocket Neighborhoods* and *Collective Courage*
- Watch Happy
- Watch Grace Kim's TED Talk
- Watch Trish Becker-Hafnor's TED Talk
- NYT article

Day in the life

HOMEWORK INSTRUCTIONS:

Write a short story, describing how you envision your typical day living in cohousing. In particular, consider how you will interact with your community: the people and the common spaces. Try to imagine what it will be and feel like to live in this neighborhood.

*Sharing these stories will be one of the first things we do together next week. Each person will have **2-3 minutes** to speak. You are welcome to bring an object, photo, drawing, or other inspiration to support your story.*



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