

**Welcome!** And thank you for being a part of the co-creative CRDC JODIE process. This document is your one stop shop for all materials related to the series.

### **Your Next Action Steps**

By end of day on Wednesday, April 19, please complete:

- [Needs Assessment](#)
- [Debriefing Form](#)

### **For Reference:**

- [Session I Recording](#)
- [Session I Chat Log](#)
- [Session I Deck](#) (PDF, please download. The format does not translate to Google Docs)
- [Session I Values and Vision Worksheet](#)

### **Session I Agenda: Values and Vision**

#### **00:00 - 00:05          Settle in [Pedro]**

- Adapt your Zoom if needed
  - Name you like to be called
  - Pronouns
- Type in chat
  - Location
  - Relationship to cohousing (e.g., resident, service provider, interested, other)
  - What you'd like to get out of this series of sessions
- Arrival moment

#### **00:06 -- 00:10          Introduction [Brandyn]**

- Agenda Overview
- Program Goals
- Session Goals

#### **00:11 -- 00:13          Meet Your Facilitators**

#### **00:14 -- 00:25          Norms + Breakout : Pair Share [Brandyn]**

- Your Name
- Your Location
- Relationship to cohousing
- Fun fact about you / something people would be surprised to know about you
- Any norms we should add?

**00:26 -- 00:35      Breakout debrief [Pedro]**

**00:36 -- 00:45      Setting the Context [Pedro]**

- Stated Mission
- Stated Vision
- Informing Question
- FIDO

**00:46 -- 00:55      Values [Brandyn]**

- Write down 4 values that are important to you
- Breakout: agree with your partners on 4 values that are important to ALL of you
- Place the 4 values into your group's column on the spreadsheet
- What is your earliest memory of how these values were formed?

**00:56 -- 01:05      Debrief Values Conversation [Pedro]**

**01:06 -- 01:10      Vision [Brandyn]**

How does it feel to belong? What is your "warm apple pie"? What would it look like to create that feeling of belonging among all people who connect to cohousing?

Introduce SOAR

**01:11 - 01:15      Breakout [Pairs]**

- What makes you feel immediately at home/connected
- What is the first thing that comes to mind relative to cohousing?

**01:16 - 01:25      Debrief Breakout [Pedro]**

**01:26 - 01:30      Next Steps [Brandyn]**

- [Needs Assessment](#)
- [Debriefing Form](#)

