

CohoUS CRDC Session 1- Chat Log

00:12:54 Susan Green Aria Cohousing, Denver (she,her): I am hoping to make new connections with participants in this coalition and join with you to raise awareness of the many ways racism exists in our communities and learn how to create the inclusivity we long for.

00:28:11 Pedro Silva he/him: Assume best intentions
Bring your full self/be vulnerable
This is a safe space
Step up/step back
Draw a bigger circle
Experienced people: share your wisdom!
People new to DEI training: ask Qs aggressively
Take care of yourself

00:29:58 Pedro Silva he/him: “He drew a circle that shut me out-
Heretic, rebel, a thing to flout.
But love and I had the wit to win:
We drew a circle and took him In!” - Edwin Markham

00:37:35 Susan Green Aria Cohousing, Denver (she,her): Can we talk about confidentiality as a norm?

00:38:36 Daisy Birch she/her: Norms: Share resources that can forward the process!

00:38:37 Heidi Berggren she/her: accessibility/affordability

00:38:48 Laurie (She/Her): Norm: Spinach in my teeth rule

00:38:55 Sky (they/them): I like the way of approaching confidentiality that says, the lessons go, the stories stay.

00:38:56 Tasha Harmon: I wonder about adding something like “Hold a growth mindset for ourselves and each other - discomfort is necessary, expected and respected; we use it to get the work done”

00:39:11 Susan Green Aria Cohousing, Denver (she,her): I think it’s important that we get to have conversations about what we learn here without attributing it to an individual or community.

00:39:40 Lotus Thomas: Be the change - put values into action (not just lipservice)

00:39:53 Jen Myers (she/her): We discussed the idea of having the safe space norm to be an invitation to co-create a safe(r) space, rather than stating that it will automatically be a safe space.

00:40:59 Shelly Parks: Be brave

00:41:00 NazinBaghery's iPhone: Shared values and shared responsibilities

00:41:07 Brandyn she/her: I like stand in curiosity as a supplement 😊

00:41:27 Brandyn she/her: Have an "ouch"

00:41:50 NazinBaghery's iPhone: Sustainable living practices

00:41:54 Neil P. he/him (Oakland CA): Listen mindfully

Speak from your experience

00:42:06 Pedro Silva he/him: Call forward v Call out

00:45:38 NazinBaghery's iPhone: Advocacy

00:45:50 Laurie (She/Her): ... more collaborative and just society....

00:45:59 Sky (they/them): A deep inquiry into our culture and practices around ownership

00:46:10 Tasha Harmon: Add equity and inclusion to mission

00:46:53 Heidi Berggren she/her: Include under "educating" something about learning from non-officially cohousing defined (but cohousing adjacent) phenomena

00:47:57 Daisy Birch she/her: Adding to end of 1st paragraph: Educating the public by embodying and modeling it's values

00:48:11 kellie teter: Living into the possiblity of possibility did/does help.

00:48:33 Jen Myers (she/her): I don't love the language of the American dream, ignoring systemic inequities

00:48:47 Heidi Berggren she/her: economic diversity is key too, overlaps with racial diversity, but I know not completely

00:49:25 Daisy Birch she/her: emphasis on embodying and modeling, not just talking.

00:50:19 Gail Bagley: One of the aspects of cohousing is "no shared economy". That may mean that each resident needs to be financially capable, and may lead to unaffordability.

00:51:01 Heidi Berggren she/her: just want to add to the notion of "future" design increasing the occurrence of "accidental" interactions, so key, in this time of "planned" or gated communities. Some think cohousing is just another kind of gated community.

00:52:30 Sky (they/them): Replying to "just want to add to ..."

At least in some cases I don't think it's entirely untrue that it's another kind of gated community. Seems worth exploring what might be true about that.

00:57:09 Jim Leach: Need to add to the coho vision the concept that the values are generated through the practice of inertial and inclusive community.

01:13:57 Brandyn she/her: Microcosm of building common ground - how language can be uniting or dividing

01:15:35 Brandyn she/her: Easy to interpret terminology in different ways - clumping to get to overarching idea

01:20:47 Daisy Birch she/her: Just a thought from our international diversity group. Belonging AND connectedness. To some, the term belonging alone can have negative connotations

01:21:54 Sky (they/them): What makes you feel immediately at home/connected? What is the first thing that comes to mind relative to cohousing
What does your hopeful vision of cohousing look like and feel like? Who is there?

01:22:39 Franny Hart (she/her): Brene Brown's book Braving the Wilderness points to belonging begins with self

01:30:17 Daisy Birch she/her: Do you suggest we interact with our communities on this?

01:30:47 Brandyn she/her: Absolutely, if you would like to Daisy!

01:31:27 Sky (they/them): Feeling seen for who I am

01:31:28 Brandyn she/her: Please place any thoughts into the chat so we can capture in materials we send along

01:31:28 Tasha Harmon: Sharing useful tasks, singing together, trusted touch

01:31:41 Lotus Thomas: Two paths to belonging for me: belonging by design (art, gardens, welcome sign) and belonging by culture (asking questions, hugs, smiles, music)

01:31:48 Daisy Birch she/her: dancing, eating, engaging in poetry together

01:31:48 Gail Bagley: I feel connected when people use my name in conversation, when I feel heard, when I am included in shared tasks.

01:31:48 Leslie Hassberg (she/her), Daybreak Cohousing, Portland, OR: Shared purpose. My specific apple pie is making music and dancing with others.

01:31:49 Jen Myers (she/her): meaning making, connection to shared values

01:31:51 Laurie (She/Her): I hope we can each expand the circle and have conversations with our own circles.

01:32:00 Trish Becker (she/her): Laughter, joy and ease! (Thanks @Laverne!)

01:32:10 Susan Green Aria Cohousing, Denver (she,her): Shared, lived, embodied values and curiosity

01:32:13 Franny Hart (she/her): Thank you! I am so grateful to be part of this conversation! This community!

01:32:34 Nola (any): Mixed income community of neighbors

01:32:34 Gail Bagley: Meal prep together!

01:32:48 Liz Ryan Cole: Appreciating what people shared today

01:32:51 Heidi Berggren she/her: expanded (intentional, and diverse) family feel

01:32:56 Lew Bowers: Having a clear role in the group. If an unknown group having a welcome into the group.

01:32:59 Jim Leach: Sense of place

01:33:00 Shelly Parks: I'm reminded again how powerful it is to share thoughts - I've loved how we each approached the questions so differently and I had a number of awe ha moments.

01:33:10 Jen Ham: Access intimacy!
01:33:20 kellie teter: Cooperating practically...laboring together
01:33:28 Neil P. he/him (Oakland CA): ALL our values
01:33:34 Susan Green Aria Cohousing, Denver (she,her): Not being the only one

01:33:59 NazinBaghery's iPhone: Sharing values

01:34:16 Tasha Harmon: I'd suggest the opposite of community is alienation
01:34:16 Daisy Birch she/her: isolation is the opposite of community
01:34:23 Jim Mendell: Connecting through our passions.
01:34:24 NazinBaghery's iPhone: Supportive neighbors